

INTERNATIONAL WEBINAR

on



**FITNESS PLAY KEY ROLE FOR HAPPY AND HEALTHY LIFE IN
COVID-19 PANDEMIC**

Organised by

Digambarrao Bindu College of Arts Commerce & Science,

(Affiliated to SRTM University) Bhokar, Nanded, Maharashtra

CHIEF GUESTS



Dr. Uddhav Bhosale
(Vice-Chancellor)
SRTM University, Nanded



Dr. Madhavrao Patil Kinhalkar
Chairman, DBBS Samiti, Bhokar
Ex- Home Minister, Maharashtra

GUEST OF HONOUR



Dr. Dipak Bachewar
(M. C. Member & Dean)
SRTM University, Nanded



Dr. Vitthalsingh Parihar
(Director of Sports & Physical Education)
SRTM University, Nanded



Dr. SinkuKumar Singh
Head, Department Physical Education
SRTM University, Nanded



Dr. Balwant Singh
(Secretary)
Physical Education Foundation of India
(Maharashtra Chapter)

CHAIRMAN OF WEBINAR



Dr. Panjab A. Chavan (Principal)
Digambarrao Bindu College

CONVENER OF WEBINAR



Dr. Venkat Mane (Director of Sports & Physical Education)
Digambarrao Bindu College

ORGANIZING COMMITTEE

• Mr. Prashant Take • Dr. Deepak A. Bhusare • Dr. Satish B Chavan • Dr. Arvind B. Chavan

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FITNESS PLAY KEY ROLE FOR HAPPY AND HEALTHY LIFE IN COVID-19 PANDEMIC

EMINENT SPEAKERS



Ms. Teresa Siu
TV Host,
LotusLifeTV, Hong Kong

TOPIC:
NUTRITION & HOLISTIC HEALTH
TOOLS FOR MENTAL
WELL-BEING & HAPPINESS



Dr. Vikram Singh
Senior Physical Educator,
Jawaharlal Nehru University, Delhi

TOPIC:
HEALTH RELATED FITNESS
ISSUES & REMEDIES



Dr. Sudeshna Bhowmik
Sports Nutritionist,
MYAS-NIN Department of Sports Science, ICMR, Hyderabad

TOPIC:
NUTRITION THERAPY IN
COVID-19

- 1.30 to 2.20 • 1ST LECTURE
- 2.20 to 2.30 • QUESTION & ANSWER
- 2.30 to 3.20 • 2ND LECTURE
- 3.20 to 3.30 • QUESTION & ANSWER
- 3.30 to 4.20 • 3RD LECTURE
- 4.20 to 4.30 • QUESTION & ANSWER
- 4.30 • Vote of Thanks

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Bhokar, Nanded (Maharashtra)

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On
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